

## Tsandra Tibetan Medical Center and Hospice Project

### Project contents

Summary of Tenzin Dorjee's project ideas ~ prepared by Valerio Albisetti

<b>The project of a Tibetan Medical Center is the vision of The Third Jamgon Kongtrul Rinpoche.</b>	
History	Leaving Pullahari for the last time on April 7, 1992, the 3rd Jamgon Kongtrul Rinpoche walked through its village and stopped by this land. Rinpoche said to Tenzin Dorjee that we should acquire it, set up a Tibetan Medical Centre and grow medicinal herbs and plants. Never forgetting Rinpoche's wish, Tenzin Dorjee bought the piece of land some years later in 1995.
The Aim	It is now year 2019. Tenzin Dorjee is finally embarking on accomplishing 3rd Jamgon Kongtrul Rinpoche's wish. On this land a Tibetan medical clinic, pharmacy and hospice shall be established.
Lodro Thaye Medical Lineage	<p>Changdzo Yonten Phuntsok, 2nd Jamgon Kongtrul Rinpoche's General Secretary, was an eminent and well-known doctor of Tibetan medicine in Kham. His two sons are also well-qualified and trained in the practice. The elder, Dhundul, is 57 years old and Gompo is 55. They received the transmissions and training according to Lodro Thaye's medical lineage from their father directly. Today they are among the very few left who are authentic holders of Lodro Thaye's medical lineage and are accomplished in the traditional methods of treatment and the production of Tibetan medicines.</p> <p>Continuation of this lineage is vital for the benefit of future generations of Tibetan medical practitioners and beings.</p> <p>One of two Pullahari monks have completed the course of studies and training at Kenting Tai Situ Ripoche's Tibetan Medical Centre in Sherabling. At any given time, he will return to Pullahari. Tenzin Dorjee's goal is that the young doctors will learn from working together with Dhundul and Gompo and bring together traditional and modern Tibetan medical methods of treatments.</p>

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<p>The Project</p>	<p>On the site, a Tibetan Medical Center is to be built where Lodro Thaye's medical lineage will be preserved and passed on. A clinical centre and pharmacy for treatment of patients, manufacturing of medicines and training of doctors will be created. Alongside them, a resource centre of Lodro Thaye's medical compositions. The goal is also to foster the sharing of knowledge and skills between traditional and modern Tibetan medical practitioners.</p> <p>There will also be rooms for various other therapies for health and well-being, e.g. massage, acupuncture, meditation, relaxation etc.</p>
<p>Garden for Medicinal plants</p>	<p>On this site, a garden for medicinal plants is to be created. The climate and quality of air there are suitable for the cultivation of a good number of Tibetan medicinal plants.</p>
<p>Vegetable garden</p>	<p>An organic vegetable garden and orchard are also among the goals with the aim of self-sufficiency. Gardening may also be a past-time occupation for patients and residents.</p>
<p>Hospice</p>	<p>Tenzin Dorjee also wish to build a hospice for poor and needy who are critically ill and soon dying. They may be from the area, the monastery and also disciples. The dying will be cared for physically and spritually.</p>
<p>Vocational and Crafts Centre</p>	<p>This site is large enough for additional possibilities other than the Tibetan medical project. Some thoughts are a vocational centre teaching carpentry, electrical works, plumbing, organic gardening etc., and/or a crafts centre for traditional arts (thangkas, mandala painting, metal crafts etc.) open to Pullahari monks and other youths.</p>
<p>Recreational Facilities</p>	<p>To create a restaurant and small guest cabins on the slope overlooking the green valley below with the aim to generate revenue to support the on-going projects. Parking access will also be created.</p>

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Buildings and Rooms	<b>Clinic Building:</b> Treatment Rooms / Meeting, Educational and Training Rooms / Nurses and Doctors Rooms / Herbarium / Meditation Room / Relaxation Room / Storage Rooms / Changing Rooms / Showers and Toilets
	<b>Hospice Building:</b> Patients' ward / Living room / Dining Room / Kitchen / Meditation room / Visitors Room / Showers and Toilets / Storage Rooms
	<b>A Room of Building</b> for the deceased prior to burial / cremation.
	<b>A Laundry and Drying Building</b> for the Clinic and Hospice.
	<b>A Waste Collection and Disposal Area</b> for the Clinic and Hospice.
	<b>Guest cabins:</b> Bedroom and living room / showers and toilets / Store Rooms (for linens, housekeeping items, etc.) / Laundry and Ironing room / Pantry / Waste Disposal and Collection area etc.
	<b>Restaurant and Shop</b> for residents and visitors.
Land design	<b>Staff Housing:</b> Rooms for Residential staff / Pantry / Store Room / Showers and Toilets
	Garden Parking Area Small Restaurant and Shop cum Visitor area Pergola as a Relaxation Oasis Access road to the complex and parking area
<b>Goals of the project</b>	<ul style="list-style-type: none"> <li>• The Tibetan Medical Lineage of the 1st Jamgon Kongtrul Lodro Thaye is maintained and continued.</li> <li>• Tibetan medical education and training are offered and opened to local and international students.</li> <li>• Exchange of traditional and modern Tibetan medical treatments are promoted and implemented.</li> <li>• Different types of therapies and treatments (health, meditation, relaxation etc.) are offered.</li> <li>• Social Projects aimed at the poor and needy such as treatment of the sick, hospice for the dying, vocational and crafts training opportunities for youths are implemented.</li> <li>• Recreational opportunities for stressed people (rest, meditation, therapies, treatments etc.)</li> <li>• The project is self-supporting (through income from treatments, therapies, guest lodgings, sale of organic farm products, talks, training programs etc.)</li> </ul>

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